



Baby Loves Eating

A Full English translation is available.

寶寶喜歡吃

Author: Chinlun Lee **Illustrator:** Chinlun Lee **Publisher:** Hsin Yi Publications

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BFT2.0 Translator: Michelle Kuo

A lift-the-flap adventure for babies (0–3), this colorful book lets little ones explore milk, fruits, vegetables, and more. With playful flaps to lift, it encourages babies to point to foods, naming them and connecting them to daily life. This interactive book sparks conversation, builds vocabulary, encourages self-feeding, and helps children discover the joy of trying new foods.

Author Chinlun Lee's delicate watercolor illustrations capture the colors, textures, and forms of food with subtle precision. She also reveals the inside of fruits and vegetables, helping children understand what food looks like in its natural state. This artistic approach reflects her core philosophy. As she puts it, "I hope the things I draw feel real to children. Even though they are illustrations, I want they'll want to reach out and take a bite of the food."



Author Chinlun Lee

Chinlun Lee holds a master's degree in communication design within the field of illustration from the Royal College of Art. A former art and children's book editor, she is known for warm and humorous portrayals of the relationship between nonhuman animals and humans. Her honors include the Hsin Yi Children's Literature Award and the Marion Vannett Ridgway Award. Notable works include *Spit the Seeds*, *Baby Loves Eating*, *Baby Won't Sleep*, *A Kind, Rich Lady and Her Hundred Dogs*, and *No. 39 Animal Hospital*. Her books appear in many languages. In 2022, she founded NoTail & Banana Animal School to promote compassionate, animal-centered learning.

Baby Loves Eating: Helping Children Express What They Like and Long For

by Fu Kuo

There is a saying that “food is the god of the people,” reminding us that eating is one of the most ordinary yet essential aspects of human life. For babies, this is even more true—their whole day revolves around eating, playing, and sleeping. When they grow hungry, they cry. When they encounter a new food, they frown in uncertainty. And, when they taste something they love, their faces light up with joy; they stretch out eager hands, shouting “More!”

Baby Loves Eating is a charming lift-the-flap book designed especially for children ages zero to three. Centered on the theme of eating, it gently guides parents to recognize that food education can begin as early as infancy. The book is divided into four sections: drinks,

staple foods, vegetables, and fruits. It introduces the familiar items and tools children encounter in daily life. Milk, bananas, toast, spoons, high chairs—each object reflects the baby’s own world and routines.

Structured around simple questions and answers, the book encourages interactive reading. Babies lift the flaps to learn the names and features of different foods, and through imitation and playful dialogue, they begin to practice eating with a spoon or peeling fruit. This interactive format transforms reading into a delightful appetizer of a game. When children learn to name what they are eating, they experience a strong sense of accomplishment; this, in turn, makes them more willing to try new foods and

more enthusiastic about eating. While they develop language and cognitive skills, they also begin forming a natural understanding of balanced nutrition.

As children grow, their powers of observation sharpen. Parents can help them discover the playful details hidden within each page: a rabbit on a milk bottle, an elephant inside a yellow bowl, a bone on a puppy’s food dish, or dinosaur stickers on the wall. These small surprises add richness to the reading experience, teaching children to observe the world through image, as well as the life embedded in everyday details.

Author Chinlun Lee is a renowned Taiwanese picture book creator. She’s also an artist harboring a deep affection for animals. The kittens, puppies, ducks, and rabbits in the book are all inspired by the beloved pets in her life or those cherished by her friends. To capture children’s natural gestures and expressions, she collects references, observes carefully, and refines every detail of her illustrations through repeated drafts and adjustments.

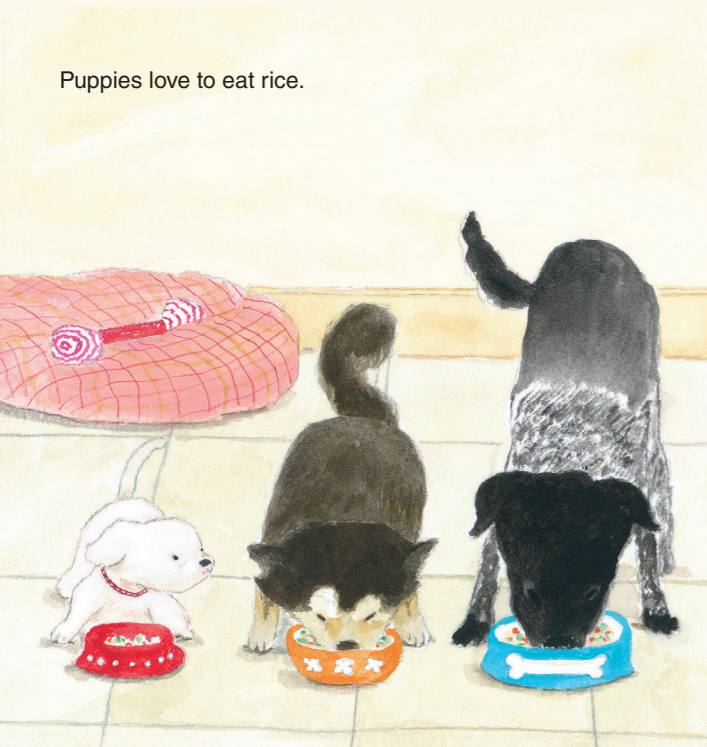
Her soft watercolor strokes convey the colors, textures, and shapes of food with gentle accuracy. At times, she paints cross-sections to show the internal structure of fruits or vegetables, helping children recognize what food looks like

in its original form. This subtle realism reflects her core artistic philosophy: “I hope the things I draw feel real to children. Even though they are illustrations, I want them to focus closely. I hope they’ll want to reach out and take a bite of the food on the page, or to notice the patterns on tablecloths or clothing. I hope children can feel, ‘I want this too—I want to eat this.’ This reflects a small but genuine sense of longing for life.”

Baby Loves Eating is not only an adorable early-learning book but also a warm, sensory reading experience. With every lift of a flap, children learn to say, “I like this.” In so doing, they can discover the joy of tasting the world around them. By encouraging them to express their preferences and desires, the book gently nurtures their curiosity and appetite for life. It reminds us that even the simplest act—taking a bite of food—is filled with wonder when seen through the eyes of a child.

Fu Kuo studied Japanese literature at National Taiwan University. Deeply fascinated by the endless charm of children’s literature, she has worked as a bookstore clerk and children’s book editor. Her translations include The King of Bread Bundle series.

Puppies love to eat rice.



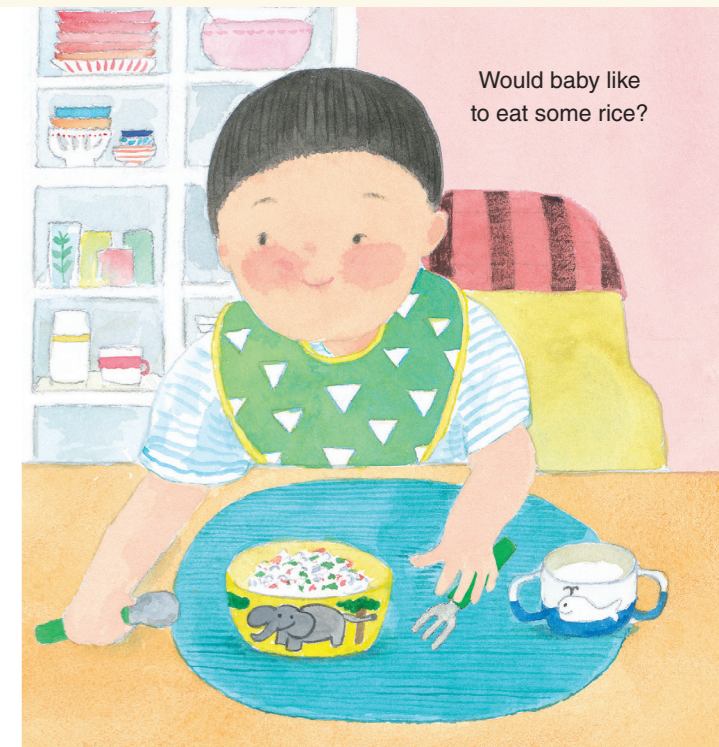
Baby takes little bites of rice, munch by munch.



What else would baby like to eat?



Would baby like to eat some rice?



Ducks love to eat veggies.



Munch munch munch,
baby loves to eat veggies!



What color veggies do you like best?



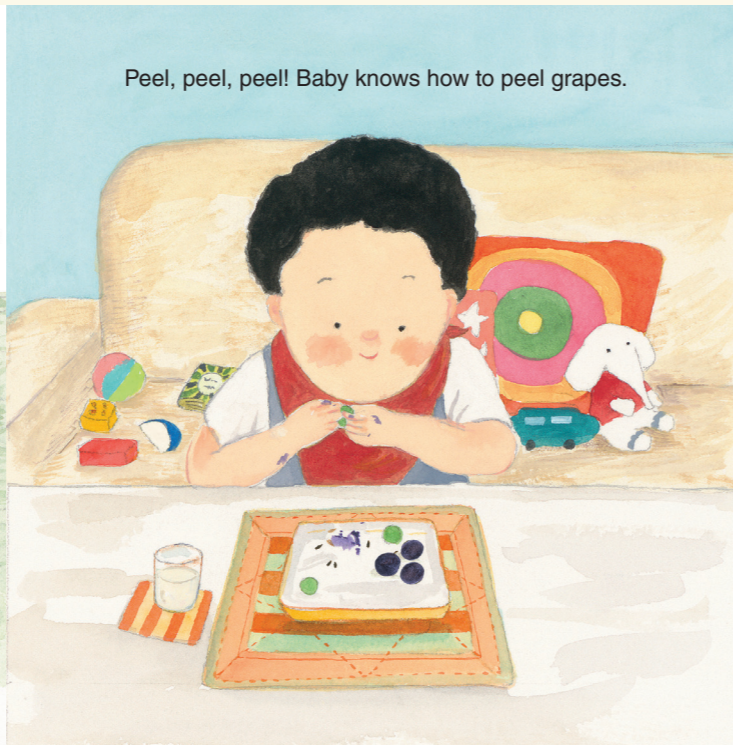
What would baby like to eat?



Bunny loves to eat grapes.



Peel, peel, peel! Baby knows how to peel grapes.



So many yummy fruits! Which one would baby like?



Would baby like to eat some?

